

MAYNARD COUNCIL ON AGING BOARD

Minutes

September 20, 2022

In attendance: Paul Guthrie, Mary Mitzkavitch, Jan Rosenberg, Amy Loveless and Armand Diarbekirian.  
Absent: Dave Hull and Diane Wasiuk.

Meeting was called to order at 3:05 p.m.

Approved minutes of June 23, 2022, meeting.

Election of Officers postponed until all members could be present.

Public Comments: none. Correspondence: none.

Minuteman Senior Services Report: Mary Beth Coyne has resigned from the Minuteman Senior Services Board. Amy will be contact MSS's Executive Director on next steps.

**Senior Center Focus Group Liaison Update:**

Armand reported that Rep. Kate Hogan attended the meeting on September 19 and recommended the group consider an item on an upcoming town meeting warrant to include funds for a consultant. Rep. Hogan felt a community center, including the senior center, would be the best option for space/ community engagement. Armand reported the focus group is revisiting the Community Life Center Report as well as inquiring about Wayland's community center developments. Denise Shea, from the Recreation Commission, also attended the meeting and was also enthusiastic about the idea of a community center. Per Armand, the focus group is continuing to evaluate short-term space options including another proposal from Lincoln Property/Mill + Main. Armand encouraged the Board to attend the next focus group meeting on October 17.

**COA Director's Report:**

Amy presented program updates including, but not limited to, a multi-media art class funded by the Friends of Maynard Seniors, holiday crafts, meditation/mindfulness class, chair fitness, acrylic painting, and an elder law series to be held at the Maynard Library.

Amy noted goals for this year (FY23) are to include opportunities to hold programs at the Maynard Library as well as the COA. Amy felt both locations have the potential to bring awareness of the COA's services (including the van service) as well as increasing engagement overall. Amy is very appreciative of the Friends of Maynard Seniors support for innovative programs, such as the multi-media workshop, and looks forward to more collaborations. Amy, along with the COA Board, will continue to support the Senior Center Focus Group on their endeavors.

Amy reported that Action Unlimited has confirmed it is not delivering to two routes in Maynard. Residents have complained about not receiving the newsletter for a substantial period of time. Amy is exploring other options to distribute the newsletter more effectively.

Meeting adjourned at 3:57 p.m.